Student Self-Assessment and Reflection

Student Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| Give a brief description of the project or activity you have completed. | What did you like about this project or activity? What were you able to do well? |
| What did you not like about this project or activity? What problems did you have? Why? | What did you learn about yourself? Strengths, interests, preferences, and needs |